



Light for Organizations

Guidance for the Spiritual Life of Organizations

The **Light for Organizations** ministry is offering *spiritual direction groups* for leaders of businesses and nonprofit organizations.

Mission:

To build spiritual community among organizational leaders in the Greater Cincinnati area

Description:

Spiritual direction groups are small groups that help people discern God's movement in their lives. In these groups composed of leaders of businesses and nonprofit organizations, participants will gain insight into God's guidance for their life, work, and organization. Members will also have the opportunity to see how God is working in other organizations. The groups will be composed of a spiritual director and four leaders. After an introductory meeting, the groups will meet monthly for about two hours at a time.

Benefits:

Spiritual direction groups help leaders develop spiritual leadership. Spiritual leadership comes through people who have an inward life that serves as a source of inspiration and insight for them. Spiritual leaders gain a strong conviction that their organization's core purposes will be fulfilled and gain the ability to achieve those purposes in ways that support leaders' and members' health and well-being.

Additional benefits include increased employee life satisfaction and organizational innovation and learning. Research demonstrates that spiritual leadership is associated with increased productivity, sales growth, ethical behavior, and social responsibility.

Contact Rhonda at rhonda@lightfororganizations.org; 513-238-7160 to learn more or sign up.



Rhonda Pfaltzgraff-Carlson, PhD is the founder of the *Light for Organizations* ministry.

Light for Organizations serves leaders of faith-based and secular organizations in the Greater Cincinnati area. Its purpose is to support leaders and leadership teams who desire to more fully align their organizations with God's purposes, presence and power.

For more information, visit <https://lightfororganizations.org>.

Spiritual Direction Group Readiness

Are you ready for group spiritual direction? Read this description and see if you find yourself in it.

I have experienced God's presence in my life. I have cultivated my relationship with God through prayer and spiritual practices, seen God in nature, felt the Divine in worship, and watched God moving through my family and in my workplace. I have been a member of small groups and found them to be a helpful part of my faith journey.

I want to live my life in intentional relation to ultimate reality. I desire to know more clearly how God is calling me, and I am interested in better integrating my faith and spiritual life into my work. I am willing to make the choices that will honor this desire and bring it and my choices into greater accord.

I feel comfortable sharing about God with other people. I have benefited from conversations with spiritual people and want to have more opportunities to be with and learn from other spiritual people. While I know I'm not the best listener, I try to empathize with other people and hear what's behind their words. When it comes to sharing about myself, I can be vulnerable with people I trust. I also know that I can learn about myself when I speak and when others' reflect on my experiences.

I believe that 'an unexamined life is not worth living.' I reflect on my life through prayer, journaling, cultivating awareness of my thoughts and feelings, studying my dreams, and having conversations with spiritual people. While I am comfortable communing with God alone, I sense it would be helpful to have companions in prayer and discernment as I seek to live authentically. In fact, I would treasure seeing how the Spirit manifests in other people and moves in their lives. I am willing to be present with others as they share from their life and can commit some time to praying for them.

If you find yourself in this description, please contact Rhonda at 513-238-7160 or rhonda@lightfororganizations.org.

To learn more about group spiritual direction, watch the YouTube video "[SDI learns from Mary Rose Dougherty, SSND, and Vivian Feintech](#)." It is 9:45 minutes long, with the portion about group spiritual direction starting at about 5:15 minutes.